



COVER ART BY
ANGELA SANTOS

EXUBERANT LITERARY LEADER

"I love to read," exclaims Marcia Rudnitsky, the leader of the Jewish Womens Resource Center (JWRC) Book Discussion Group. The group is a venerable activity of JWRC that only reads books written by Jewish authors, which pleases Marcia who says she gets to read many outstanding books she wouldn't come across in her "normal life." The discussions are about the books but can lead to far-reaching dialogues.



Marcia was a teacher in the Bronx and became an education evaluator for the school base support team. "I was there to advocate for the students, not for the school," she explains. She enjoyed working with the kids and the parents were wonderful, but she retired in 2003 because she did not agree with what was going on in the school system.

Aside from the Book Group, Marcia is on the JWRC Steering Committee and was the moderator of the morning session of the recent Film Festival. Always enthusiastic, she says "it was exciting, really great." A creative person, Marcia loves to knit. She is a member of the Big Apple Knitters Guild which awarded her first prize for one of her unique headbands. Another outlet is writing and among other things, she has penned a book for children younger than seven years. In her spare time, she makes birthday cards for her nieces and nephews. She says everything she writes has something humorous in it...nothing serious.

Marcia has an exceptional educational history. She has a bachelor's degree and a master's degree from Queens College, a second master's degree from Hunter College and a professional degree from Fordham University in administrative supervision. (A PD is between a master's and a PhD.)

"I do love the Book Group members, they lead such interesting lives," Marcia says. "We always have a terrific discussion -- and then we go to lunch."

HEALTHY LIVING

SELFHELP HOLOCAUST SURVIVOR PROGRAM

Friday, September 14th

Are you interested in learning about Holocaust Survivor assistance programs in New York? Are you or is someone you know a Holocaust survivor?

Desiree Nazarian, LMSW from Selfhelp Community Service's Holocaust Survivor Program will focus on:

- Holocaust Survivor awareness and education.
- An overview of Selfhelp's Holocaust Survivor Program.
- Information about comprehensive services for survivors of Nazi persecution.
- Highlights from a federal grant initiative aimed at finding and assisting Holocaust survivors in the New York area.

DISPELLING YOUR NUTRITION MYTHS

Friday, October 26th

Dr. Phil Domenico, an infectious disease and nutrition scientist and author of numerous publications, will provide critical information about our nutritional needs. He received a double BA from SUNY at Albany and a PhD in Microbiology from the University of Texas Health Sciences, and did postdocs at the Rockefeller University in New York and LSU Medical Center in New Orleans. He directed research at Winthrop-University Hospital and attained an Associate Professorship at Stony Brook University School of Medicine.

Healthy Living programs take place from 1-2PM in the Cafe. Please contact Letitia Maun @ 646-884-9471 or Imaun@ncjwny.org for further information.

COAT HANGERS ARE FOR COATS

At NCJW NY, we are committed to creating a world where all people, regardless of race, class, gender, sexuality, ability, or immigration status, have the right to build their families and live their lives with dignity. Our Jewish values teach us that our reproductive freedoms are integrally bound to our religious liberty; we are committed to advancing the goals of reproductive justice so that every person can make their own moral and faith-informed decisions about their body, health, and family.

For nearly 125 years, we have been a leader in the reproductive health and rights movement, and while much advancement has been made in the past 100 years to legally secure a person's right to abortion and contraception, there is so much more that needs to be done to truly ensure reproductive freedom for all, and **to ensure that coat hangers are only used for coats.**

Reproductive health, rights, and justice goes beyond the basics of reproduction. It requires us to dig deeper, advocate louder, and love harder. It requires us to bring the voices of those who have been marginalized to the center to lead the conversation for social change.

Until we all have the power to make informed decisions about our bodies, sexuality, and future, our work is not over. Right now, reproductive rights are on the line all across the country—but **we refuse to go back to a time when coat hangers were used for more than coats**, and we hope you'll stand with us.

NCJW NY is offering beautiful handmade coat hanger necklaces, shown here, to raise awareness about the necessity of comprehensive reproductive healthcare and safe abortion access. Members can buy theirs for an exclusive discounted price of \$72; the regular price is \$125, which includes a one-year membership. *To purchase, please fill out the form on the back of the Bulletin or visit <http://weblink.donorperfect.com/coathangers>.*



HAVE YOU RENEWED YOUR MEMBERSHIP YET?

The 2017-2018 membership year ended on June 30th, 2018.
You can renew your membership by filling out the form on the back of this Bulletin
or by visiting www.ncjwny.org.

Membership Rates for the 2018-2019 year are:
\$72 for seniors over 60, and Emerging Leaders under 35
\$125 for everyone else

NICOLA MILLS
Opera Performance
September 6th

CONCERTS IN MOTION
With Violinist Suzy Perelman
September 20th

INNA LEYTUSH
Piano with Vocal Guests
September 27th

DOUGLAS BRIN
Lecture on Eleanor Roosevelt
October 4th

VOCLEASE
Singing Quartet
October 18th

SHIRA DICKER
Vocalist
October 25th

THE MANHATTAN SCHOOL OF MUSIC
Cabaret Show
November 8th

BARBER SHOP QUARTET
Performance
November 29th

ISMAIL BUTERA
Accordian with Band and Vocals
December 6th

GERSON CULTURAL ARTS
THURSDAYS AT 1PM

These events are free and open to the public, thanks to a generous grant from the Gerson Family Foundation. Refreshments are served.



LOXFINGER
by Sol Weinstein
August 30th

THE PLOT AGAINST AMERICA
by Philip Roth
September 27th

GIANT
by Edna Ferber
October 25th

THE GIRL FROM HUMAN STREET
by Roger Cohen
November 29th

BOOK GROUP
THURSDAYS AT 11AM



HEALTH INSURANCE

NCJW NY is hosting a free bi-weekly health insurance counseling program from the Health Insurance Information Counseling and Assistance Program (HIIICAP). Do you have questions about Medicare enrollment or coverage, Medicare Advantage plans, Medigap plans, Medicare prescription drug plans, or meeting the costs of long-term care? Come talk to us! **Every other Thursday from 10am to noon; next on September 6th.**

Please contact Letitia Maun at (646) 884-9471 or lmaun@ncjwny.org to schedule an appointment.

Join Us for Upcoming CLL Holiday Celebrations

THANKSGIVING LUNCHEON

Tuesday, November 13th @ 12 PM

Look out for Registration in October

HANUKAH CELEBRATION

Thursday, December 6th @ 1 PM

Klezmer Music and More with Ismail Butera
FREE AND OPEN TO ALL

Fall Sex Trafficking Event presented by the Advocacy Leadership Committee

Date and Location TBA

Everyday, people are bought and sold over the internet with the ease of ordering a pizza. This fall, NCJW NY's Advocacy Leadership Committee will explore the relationship between the internet and sex trafficking. The evening will include a performance of *"One Click Away,"* a piece by award-winning playwright and acting teacher Katie Capiello, followed by an informative panel with leading experts on the issue. *More information to follow.*

WANT TO TRY SOMETHING **NEW** THIS FALL? SIGN UP FOR ONE OF OUR **NEW CLL CLASSES!**

DRAMA

3 to 4:30

Sept 26 to Dec 5

Scott Klavan



WEAVING

10 to 12

Sept 21 to Dec 14

Jamie Boyle

*Join Jamie
on 12/7
for a FREE
Introduction
to Weaving
session.*



PILATES

3 to 4

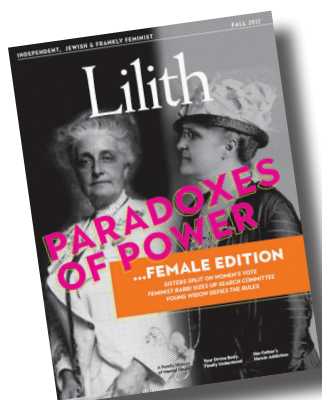
Sept 4 to Dec 11

Mike Lesser



Save the Date for our Annual Fall Luncheon

November 1, 2018 | 11:30am at Riverpark



Please join us at this intergenerational event honoring Susan Weidman Schneider, Co-Founder and Editor in Chief of *Lilith Magazine*, with the Rebekah Kohut Award. We highly encourage members to attend, and to bring their children and grandchildren to this wonderful annual luncheon.



FALL 2018 CLL GROUPS & CLASSES

ART CLASSES

OPEN STUDIO

Mondays, 10 to 12 | Sept 17 to Dec 10 | \$35
Thursdays, 1 to 3 | Sept 6 to Dec 13 | \$35

BEADING STUDIO

Mondays, 10 to 12 | Sept 17 to Dec 10 | \$35
Rena Rappaport; Materials included

CERAMICS

Mondays, 2:45 to 4:45 | Sept 17 to Dec 10 | \$130
David Hollingsworth; Materials included

MIXED MEDIA COLLAGE

Tuesdays, 10 to 12 | Sept 4 to Dec 11 | \$100
Donna Levinstone; Materials included

STAINED GLASS

Tuesdays, 10 to 12 | Sept 4 to Dec 11 | \$80
Yvette Bendahan; Materials included

PAINTING IN ALL MEDIA

Wednesdays, 10 to 1 | Sept 5 to Dec 12 | \$130
Wednesdays, 2 to 5 | Sept 5 to Dec 12 | \$130
Gene Wisniewski

WATERCOLOR

Thursdays, 10 to 12 | Sept 6 to Dec 13 | \$80
Al Bukzspan; Materials included

WEAVING

Fridays, 10 to 12 | Sept 21 to Dec 14 | \$150
Jamie Boyle ***NEW INSTRUCTOR**

PASTELS

Fridays, 10 to 12:30 | Sept 7 to Dec 14 | \$135
Donna Levinstone; Materials included

FIGURE DRAWING

Fridays, 1 to 3 | Sept 7 to Dec 14 | \$80
Jon Rettich

EXERCISE

ZUMBA GOLD

Mondays, 3 to 4 | Sept 17 to Dec 10 | \$60
Roger Puckett

FELDENKRAIS

Tuesdays, 10:30 to 11:30 | Sept 17 to Dec 10 | \$50
Margot Townsend

PILATES

Tuesdays, 3 to 4 | Sept 4 to Dec 11 | \$65
Mike Lesser ***NEW CLASS**

NIA WISE MOVES

Thursdays, 11 to 12 | Sept 6 to Dec 13 | \$60
Ellen Zimmerli

YOGA

Fridays, 10:50 to 11:50 | Sept 7 to Dec 14 | \$65
Agnes Atwood

***Please note that CLL will be closed on the following dates:**

9/3, 9/10, 9/11, 9/18, 9/19, 9/24, 9/25, 10/1, 10/2, 10/8, 11/22, 11/23, 12/25

DISCUSSION

ESL

Mondays, 10 to 11
Demetrios Siatos

TECH SOUP 101

Mondays, 10 to 12
Volunteers from Engage at the JCC

SHORT STORY

Mondays, 11 to 12
Ruth Taller & Betty Feldman

WOMEN'S GROUP

Mondays, 12:10 to 1:10
Marcia Ostwind

CLL COLLEGE

Mondays, 1:15 to 2:15 | Tuesdays, 2 to 3 | \$10

MIND AEROBICS

Tuesdays, 11 to 12
Marcia Ostwind

MEN'S GROUP

Tuesdays, 12:10 to 1:10
Howard Fischer

ASTRONOMY

Tuesdays, 12:35 to 1:45
Laird Whitehill

CONVERSATIONAL SPANISH

Wednesdays, 9:30 to 10:30

Sarah Jimenez

CLASSIC FILMS, MODERN MYTHS

First & third Wednesday of most months | 10:30 to 12
Dr. Arnold Katz

MEDITATION

Wednesdays, 11 to 12:15
Richard Goldberg

SHORT READS, LONG CONVERSATIONS

Wednesdays, 1 to 2
Ruth Taller and Arlene Kossoff

EMOTIONAL ASPECTS OF AGING

Thursdays, 2:15 to 3:15
Marcia Ostwind

INSTRUCTIONAL VOICE

Tuesdays, 3 to 5 | Sept 4 to Dec 11 | \$100
William Lyon Lee

DRAMA

Wednesdays, 3 to 4:30 | Sept 26 to Dec 5
\$110 for 10 weeks

Scott Klavan ***NEW INSTRUCTOR**

ELLIE RESSLER MUSICAL THEATRE

Fridays, 1 to 2:30 | \$45 for 10 classes
Mark York; *Schedule May Change

Unless otherwise noted, Discussion groups are free to members, and are offered year-round.

PERFORMING ARTS

Sign up online at ncjwny.org/event/spring-classes or by phone at (212) 687-5030 x 0 or by mailing in the form on the back of the bulletin.

Classes are open only to Members in good standing. Scholarships are available to those in need.

Rebekah's Legacy

Safeguard the Future with a Planned Gift

You can support the vital work we do by joining **REBEKAH'S LEGACY**, our exclusive society for members and donors in memory of NCJW NY's first president, Rebekah Kohut, whose legacy of public service lives on in our diverse programming and dedication to our community.

Help us achieve another 125 years of service.

For more information on how you can give back, please contact our Director of Development, Sarah Waldbott, at (646) 884-9462 or swaldbott@ncjwny.org.

Fall Membership Event

featuring Evie Litwok, Founder and Director of Witness to Mass Incarceration

Thursday, November 15th at 6pm

Join us for a presentation by Evie Litwok, a "formerly incarcerated aging New York Jewish lesbian feminist," who helps give voice to people like her who have been victims of our country's-- and our city's-- flawed criminal justice system. Evie will share her story and discuss the effect that mass incarceration has on communities.

This event is free for all members, \$15 for non members.



"I think this is one of the best places. I'm being honest, I love this place! I especially like the split pea soup. The food to me is excellent, and the dessert is so good. Everything is so nice, beautiful...When I have time I also see the concerts here. I just love this place, I think it's one of the best places around."

— George, a frequent Community Kitchen guest

When we hear these comments from the population we serve, we know we have nourished souls as well as bodies, fulfilling the mandate that NCJW NY's founders established almost 125 years ago.

Please give what you can so that Council House continues to be a haven for our hungry and disadvantaged neighbors. **Your help is needed now more than ever before.**

National Council of Jewish Women New York Section
241 West 72nd Street, New York, NY 10023
212-687-5030 www.ncjwny.org



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SIGN UP — CLASSES

Class (fill in name and price)	Price	Total
Hanger Necklace (\$72 for members; \$125 regular; includes 1-yr membership)		
Hunger Campaign		
Membership (\$72 for Seniors 60 yrs or older; \$72 for Emerging Leaders 35 yrs or younger; \$125 regular)		
Total		

Name: _____

Address: _____

Phone Number: _____ Email: _____

☐ My check in the amount of \$ _____, payable to NCJW NY, is enclosed.

☐ Please charge my credit card \$ _____. ☐ Visa ☐ MasterCard ☐ AmEx

Card # _____ Expiration Date _____ Security _____

Signature _____