

ANNUAL SPRING GALA

Monday, April 23rd at 583 Park, NYC

6:00pm Reception & Silent Auction

7:00pm Dinner & Awards Program

NCJΣ|NY

National Council of Jewish Women New York

Please join us as we present the *Woman Who Dared* Award
to four trailblazing women.

Ilene Balsam Marquardt
UBS



Lindsay Ornstein
Partner, Transwestern



Gail Simmons
Food Critic, TV Host, &
Author



Perri Peltz
Documentary Filmmaker,
Broadcast Journalist



FOR UNDERSTANDING, SEE LETITIA

If you see a tall, slender woman with long, dark hair, dashing around Council House, that's Letitia Maun, our indefatigable social worker who manages to squeeze a zillion responsibilities into each day. She is always busy, running so many programs with grace, good humor and, above all, compassion and understanding.

Letitia came to New York from the San Francisco Bay area with the intention of spending just one year here. She never left. She got her master's degree in social work from Columbia University, married, and had two daughters. About ten years ago she became the social worker for NCJW NY's Council Lifetime Learning members. "This is an incredible place for older adults," she says. "I am very grateful that I can keep learning from the NCJW NY community."



Letitia's portfolio includes projects that were established before she came and many new ones that she created. The Helen Bloom LINC Program (Lunch, Interaction, Nurturing, and Companionship) is a longstanding program for people with memory impairment. It includes their caregivers, who are very important to the success of the sessions. LINC is offered three times a week and people come very regularly. Sessions last three hours and provide socialization, music, dance and art, and even pet therapy...plus a nice lunch. Twice a week, Letitia facilitates two bereavement groups for people who are suffering from the loss of a loved one. She also leads another support group for caregivers who are currently caring for a spouse or partner with memory impairment. She initiated the monthly Healthy Living workshops where speakers discuss subjects relating to maximizing the well-being of members as they grow older. Everyone is welcome at these programs.

Another of Letitia's responsibilities includes supervising and instructing interns from Manhattan Community College who come for two semesters of on-site training. She especially appreciates their energy and contributions to both the Hunger Program and the LINC program. In addition to structured programs, Letitia gives supportive counseling and referrals to Council members as well as to clients of the Hunger Program. And she keeps in touch with CLL members who are homebound and unable come to Council House. All this, and she finds time to attend conferences and seminars that keep her up to date with new developments in social work.

Although Letitia is at CLL only four days a week, she gets everything done with enthusiasm and because she just loves people. "I welcome any questions about our activities here at Council House," Letitia says. "I would be happy to offer assistance to anyone who wants it." Look for her in her office tucked in at the back of the Café or call her at 646-884-9471.

GET YOUR BARGAINS HERE

The best place for great theater bargains – rarities in this expensive city – is right at the Box Office located on the fourth floor of Council House. You can get seats for Off Broadway theater, the New York Philharmonic, and concerts at Carnegie Hall, just to name a few – all for only \$3.00 at ticket! The tickets are available to all NCJW NY members.

The Box Office is chaired by two dedicated CLL members, Barbara Gottlieb and Beverly Ruiz. They head a committee of volunteers who sell tickets, make calls to theaters, and send them names of those who will attend. Volunteers are always welcome to join the committee. They work flexible hours that best fit their schedules and they get first dibs on tickets. Barbara and Beverly invite you to stop by and join the committee. They will train you to do the job with ease.

Between them, Barbara and Beverly have been involved with the Box Office for over 30 years. Barbara came first, about 20 years ago, after she retired as a drama teacher at Norman Thomas High School on 34th Street. She grew up in Lowell, Massachusetts and moved to New York right after graduating from college in 1956. She started out doing programs for children, but she wanted to perform. As she couldn't get a cabaret license in New York, she worked in Union City, New Jersey. Later, in addition to teaching, she was also involved with the Center Stage Center run by the Actors Fund, and has appeared in documentaries about sexual harassment and ageism.

Beverly is a Brooklyn native but has called Manhattan home for 53 years. She is married and has a 43 year old son who lives on the East Side. She was a clothing buyer, had her own fashion business for 25 years and was an adjunct professor of marketing at three colleges: FIT, Brooklyn Community College and New York Institute of Technology. She became a CLL member about 10 years ago and because she loves theater, she joined the Box Office committee.

Both Barbara and Beverly have worn many hats here at Council House. Barbara has worked on fundraising, was on the Board of Directors, been involved with the trip committee and is active on the CLL committee, as is Beverly. Beverly recently organized trips for members to Costco and has plans for further adventures this spring. In the past she ran the annual Health Fair. They both love to be involved here at NCJW NY.



Beverly, left; Barbara, right.

BOOK GROUP

THURSDAYS AT 11AM

WHAT HAPPENED TO ANNA K

by Irina Reyn
March 15th

THE HISTORY OF LOVE

by Nicole Krauss
April 26th

TBD
June 28th



GERSON CULTURAL ARTS

THURSDAYS AT 1PM

JAMES GAVIN

"Steve & Edie"
Lecture
April 19th

CABARET

The Manhattan
School of Music
Performance
April 26th

LAUREN SHUB

It Might As Well Be
Spring, Songs from the
American Songbook
Performance
May 3rd

BOB SPIOTTA
The Danny Kaye Show
Lecture
May 17th

CONCERTS IN MOTION

Performance
May 31st

LORD & WEBER

Performance
June 14th

NY TROUBADOURS

Performance
June 28th

*These events are
free and open to
the public, thanks
to a generous grant
from the Gerson
Family Foundation.
Refreshments are
served.*



LEGAL COUNSELING

We are thrilled to provide free legal counseling through the Mobile Legal Center of New York Legal Assistance Group (NYLAG) on the following Monday: **April 2nd**. The Mobile Legal Center's bilingual staff provides free legal assistance on civil issues.

Please contact Letitia Maun @ (646) 884-9471 or Imaun@ncjwny.org to schedule an appointment.

HEALTH INSURANCE

NCJW NY is hosting a free bi-weekly health insurance counseling program from the Health Insurance Information Counseling and Assistance Program (HIICAP). Do you have questions about Medicare or meeting the costs of long-term care? Come talk to us! Every other Thursday @ 10am; next on **April 5th**.

Please contact Letitia Maun @ (646) 884-9471 or Imaun@ncjwny.org to schedule an appointment.

NCJW NY WELCOMES NEW BOARD PRESIDENT

NCJW NY's Nominating Committee and Board of Directors has elected Susan Siegel to serve as our new President. Susan first joined NCJW NY when she began volunteering at the Community Kitchen, which she now Co-Chairs. Susan joined the Board of Directors in 2015, and took on the role of Vice President in 2016. She is also a member of the Planning Committee for the Back 2 School Store and the Board's Development Committee.

Formerly, Susan worked in media and marketing for a diverse array of brands and products throughout her career. She and her husband, Jon, raised their two sons in New Rochelle, and now they live in Manhattan. We're thrilled to welcome Susan into her new role, and appreciate her passion for and commitment to the NCJW NY community.



CONGRATULATIONS
to the winner of the 2018
Jewish Women's Film Festival!

Anna Katrin Schneider

Her film, ***My Paradise of Shards***, explores
the life of Israeli artist and Holocaust
survivor, Ilana Shafir.

SPRING 2018 CLL GROUPS & CLASSES

ART CLASSES

BEADING STUDIO

Mondays, 10 to 12 | Apr. 9 to June 11 | \$35

CERAMICS

Mondays, 2:45 to 4:45 | Apr. 9 to June 11 | \$130*

David Hollingsworth; *Materials included

FIGURE DRAWING

Fridays, 1 to 3 | Apr. 13 to June 15 | \$80

Jon Rettich

MIXED MEDIA COLLAGE

Tuesdays, 10 to 12 | Apr. 10 to June 12 | \$90*

Donna Levinstone; *Materials included

OPEN STUDIO

Mondays, 10 to 12 | Apr. 9 to June 11

Thursdays, 1 to 3 | Apr. 12 to June 14 | \$35

PAINTING IN ALL MEDIA

Wednesdays, 10 to 1 | Apr. 11 to June 13 | \$135*

Wednesdays, 2 to 5 | Apr. 11 to June 13 | \$135*

Gene Wisniewski; *Materials included

PASTELS

Fridays, 10 to 12:30 | Apr. 13 to June 15 | \$125*

Donna Levinstone; *Materials included

STAINED GLASS

Tuesdays, 10 to 12 | Apr. 10 to June 12 | \$80*

Yvette Bendahan; *Materials included

WATERCOLOR

Thursdays, 10 to 12 | Apr. 12 to June 7 | \$75*

Al Bukszpán; *Materials included

WEAVING STUDIO

Fridays, 10 to 12 | Apr. 13 to June 15 | \$35

PERFORMING ARTS

ELLIE RESSLER MUSICAL THEATRE

Fridays, 1 to 2:30 | \$25

Mark York

INSTRUCTIONAL VOICE

Tuesdays, 3 to 5 | Apr. 10 to June 12 | \$100

William Lyon Lee

TAP DANCE

Fridays, 12 to 1 | Apr. 13 to June 15 | \$100

Betty Hudson

CLASSIC FILMS, MODERN MYTHS

Wednesdays, 2:15 to 3:15 (4/18, 5/2, 5/16, 6/6, 6/20)

Bill Toner

MEN'S GROUP

Tuesdays, 12:10 to 1:10

Howard Fischer

MIND AEROBICS

Tuesdays, 11 to 12

SHORT READS, LONG CONVERSATIONS

Wednesdays, 1 to 2

Ruth Taller and Arlene Kossoff

SHORT STORY

Mondays, 11 to 12

Ruth Taller & Betty Feldman

TECH SOUP 101

Mondays, 10 to 12

Volunteers from Engage JCC

WOMEN'S GROUP

Mondays, 12:10 to 1:10

Marcia Ostwind

Unless otherwise noted,
Discussion classes are
free to members, and
are offered year-round.

NCJW NY will be closed
on the following dates:

Friday, 4/6

Monday, 5/21

Monday, 5/28

EXERCISE

FELDENKRAIS

Tuesdays, 10:30 to 11:30 | Apr. 10 to June 12 | \$50

Margot Townsend

NIA WISE MOVES

Thursdays, 11 to 12 | Apr. 12 to June 14 | \$50

Ellen Zimmerli

YOGA

Fridays, 10:50 to 11:50 | Apr. 13 to June 15 | \$50

Agnes Atwood

ZUMBA GOLD

Mondays, 3 to 4 | Apr. 9 to June 11 | \$60

Roger Puckett

ASTRONOMY

Tuesdays, 12:35 to 1:45

Laird Whitehill

BRIDGE

Wednesdays, 10 to 12:30 | Apr. 11 to June 13 | \$80

Steve McCann

CLL COLLEGE

Mondays, 1:15 to 2:15 | Tuesdays, 2 to 3 | \$10

CONVERSATIONAL SPANISH

Wednesdays, 9:30 to 10:30

Sarah Jimenez

EMOTIONAL ASPECTS OF AGING

Thursdays, 2:15 to 3:15

Bill Toner

ENGLISH AS SECOND LANGUAGE

Mondays, 10 to 11

Demetrios Siatos

MEDITATION

Wednesdays, 11 to 12:15

Richard Goldberg

DISCUSSION

HEALTHY LIVING

Friday, April 13th

Be Better ~ Healing and Energizing
An interactive workshop with
Tong Ren Reiki specialist, Thayer
Burch.

Friday, May 11th

LiveOn NY Senior Medicare Patrol

Learn to protect your personal
identity, detect and report errors
on our health care bills, and
identify deceptive health care
practices.

*All workshops are held in the Cafe from
1pm to 2pm with coffee and tea for all
participants.*

*Please contact Letitia Maun at 646-
884-9471 or hmaun@ncjwny.org.*

Sex Trafficking: A Wakeup Call for Men

NCJW NY's Advocacy Leadership

Committee (ALC) is sponsoring this
groundbreaking event to **empower men to
talk, learn, and teach others about sex
trafficking**. It will take place on the evening of
May 22nd at the law firm Duane Morris.

The goal of this event is to bring together **100
men from all over New York** to hear from
experts working to combat sex trafficking, and to
discuss how men can actively become part of the
solution to end this tragic issue.

Please help us spread the word. More details to
follow.

*To get involved with ALC, please contact Aviva Zadoff
at 646-884-9466 or azadoff@ncjwny.org.*



"I think this is one of the best places. I'm
being honest, I love this place! I especially
like the split pea soup. The food to me
is excellent, and the dessert is so good.
Everything is so nice, beautiful...When I have
time I also see the concerts here. I just love
this place, I think it's one of the best places
around."

— George, a frequent Community Kitchen
guest

When we hear these comments from the population we serve, we know we have nourished souls as well as bodies, fulfilling the mandate that NCJW NY's founders established almost 125 years ago.

Please give what you can so that Council House continues to be a haven for our disadvantaged and hungry neighbors. Your help is needed now more than ever before.

You can make a donation on the back of the Bulletin, or online at ncjwny.org/donate

National Council of Jewish Women New York Section
241 West 72nd Street, New York, NY 10023
212-687-5030 www.ncjwny.org



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SIGN UP — CLASSES

Class (fill in name and price)	Price	Total
Hunger Campaign		
Membership	\$72	

Name: _____

Address: _____

Phone Number: _____ Email: _____

☐ My check in the amount of \$ _____, payable to NCJW NY, is enclosed.

☐ Please charge my credit card \$ _____. ☐ Visa ☐ MasterCard ☐ AmEx

Card # _____ Expiration Date _____ Security _____

Signature _____